

Befriending

Name of the programme: **Family Works Buddy Programme**

Name of the organisation: Presbyterian Support Otago.

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About the programme:

1. Matches children aged 4 to 12 years with carefully selected and trained adult volunteers in well supported buddy relationships (approximately 200 per annum) that often continue into the young persons early teenage years.
 2. Developed in Otago in 1993 and subsequently adopted by Presbyterian Support, Southland, South Canterbury, and Upper South Island
 3. A cost effective, strengths based approach, that enriches young buddies lives with shared time, friendship, fun and encouragement of positive attitudes, values, and behaviour.
 4. Referrals are generally made by professionals such as counselors', teachers, child therapists, psychologists, social workers and health nurses.
 5. Well researched theories such as resilience, attachment, self esteem, and positive psychology validate the emphasis on the nature and quality of the relationship.
- Website: <http://otago.familyworks.org.nz/Site/Regions/Otago/buddyprogramme.aspx>

Name of Programme: **Big Brothers Big Sisters**

Name of Organisation: Big Brothers Big Sisters of New Zealand

Website: www.bigbrothersbigsisters.org.nz

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About the programme:

1. 100 year track record - With over 100 years of experience, Big Brothers Big Sisters is the world's largest youth mentoring programme supporting over 280,000 children aged between 6 and 18 each year in professionally supported one-to-one relationships.
2. Big Brothers Big Sisters in New Zealand – the first NZ programmes were set up in the late '90's and the national organisation launched in 2004 to support the national development of Big Brothers Big Sisters. In response to requests from communities around the country there are currently 10 locations offering the programme and a further four areas under development. Just over 400 matches were served by BBBS in 2008.
3. Core Programmes in New Zealand –Community-Based: the traditional programme where matches meet in a community setting for an hour or two each week.
School-Based: adults meet child at school, out of classroom but on school site.
School-Based Teen: the mentors are year 12 and 13 students who are matched with local primary school children and meet on-site. Each of the programmes requires weekly contact for a minimum of one year and has a developmental, friendship focus. Community-based matches in NZ on average last 1 year and 11mths and many matches continue into 4, 5, 6yrs
4. Research – Big Brothers Big Sisters has been the subject of several rigorous studies the most influential being the Public/Private Ventures Study undertaken in 1992-1993.

Name of Programme: **Big Buddy**

Name of Organisation: Big Buddy Mentoring Trust

About the programme: Big Buddy matches male mentors with fatherless boys in what we hope are lifelong relationships

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1. The need - Why fatherless boys
 2. Fathering or Mentoring - blurring the lines
 3. The kaupapa - its all about relationship
 4. Forget outcomes - its all about relationship
 5. When we need "a programme" and when we need to move past programmes
- The Big Buddy style of relational mentoring based on 12 years experience and much reflection.