Enhancing Quality, Connections and Impact through Research
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Why research is important...

- Provides opportunity for reflection, learning & development
- Contributes to programme effectiveness
- Helps diagnose problems / ensure safety and WB

RESEARCH
History: Youth mentoring and youth mentoring research

Convergence

US HISTORY
- Formal mentoring: ~116 yrs
- First research conducted: 1972

NZ HISTORY
- Formal mentoring: ~26 yrs
- First research conducted: 1992

Divergence

Sources: DuBois et al. (2002); Farruggia & Bullen et al. (2011a)
Convergence: Mentoring works

• NZ: 88% of programmes effective (Farruggia, Bullen et al. 2011a)

Convergence: Practice effectiveness linked with

Empirically-Supported Best Practices

- Medium Effect
- Small Effect

Sources: DuBois, Holloway et al. (2002), see also Farruggia, Bullen et al. (2011a)
Convergence: Importance of quality relationships

- Evidence of high quality relationships
- Similar relationship trajectories
- Similar markers of high quality relationships

Need for greater clarity and consensus

Sources: Pryce (2012); Dutton, Bullen & Deane (under review); Farruggia, Bullen & Pierson (2015)

Source: http://www.greatpotentials.org.nz/mates/
Practice linked with mentor efficacy and relationship quality

Divergence:

• What constitutes ‘quality’ research
• Culturally responsive research
• Culturally responsive mentoring

Source: https://en.wikipedia.org/wiki/Koru

Sources: Evans & Ave (2000); Farruggia, Bullen et al. (2010a); Farruggia, Bullen et al. (2015); Bullen, Meissel, & Deane (2016); Farruggia, Bullen et al. (2010b); Noonan, Bullen, & Farruggia (2012)
Where to from here?

- Greater understating of Mechanisms of change
- Greater clarity on ‘quality’ evidence
- Building research capacity
- Collaboration

Source: Microsoft Office Commons
References


Thank you!