

Youth'12

Overview of Findings

Dr Terryann Clark & the Adolescent
Health Research Group

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The Adolescent Health Research Group

To provide high quality, accurate and timely research that seeks to improve the health and wellbeing of young people in Aotearoa, New Zealand



The Youth2000 Survey Series

1. National Secondary School Student Surveys

2001 - 9,699 adolescents

2007 - 9,107 adolescents

2012 - 8,500 adolescents

2. School Climate Surveys

2007 School Climate

2012/13 School Climate

3. Alternative Education Surveys

2009 - 335 adolescents

2000 – 268 adolescents

4. Teen Parent Unit Survey

2006 - 220 adolescents

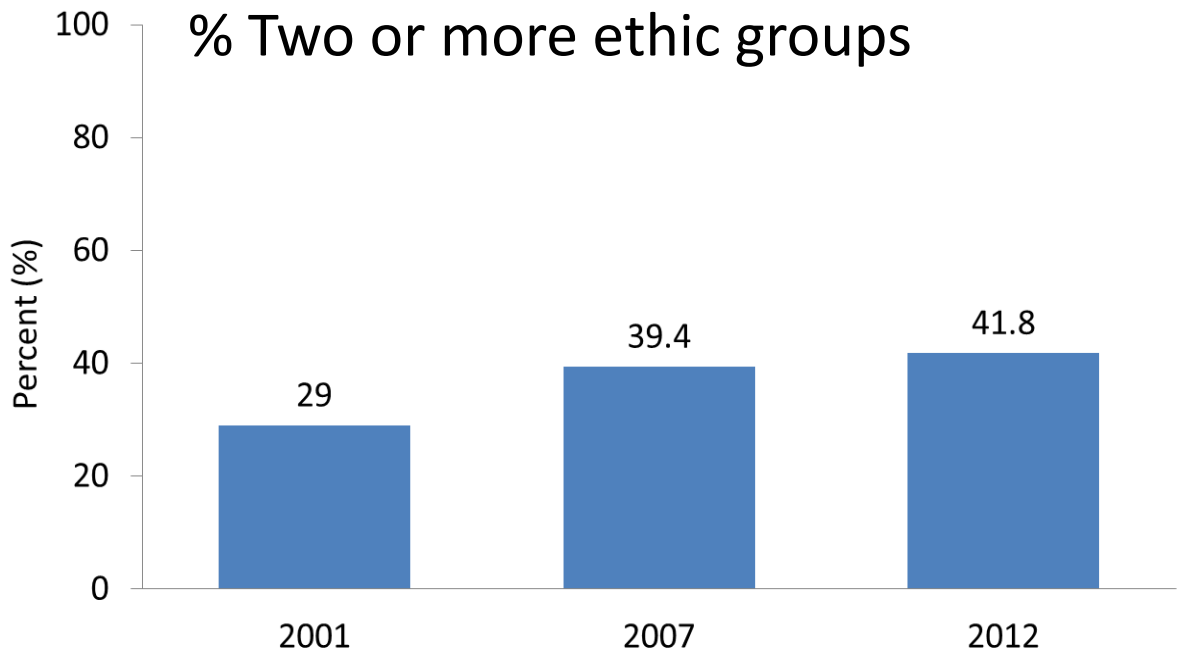
5. Wharekura Survey

2007 – 22 kura and 677 taiohi*

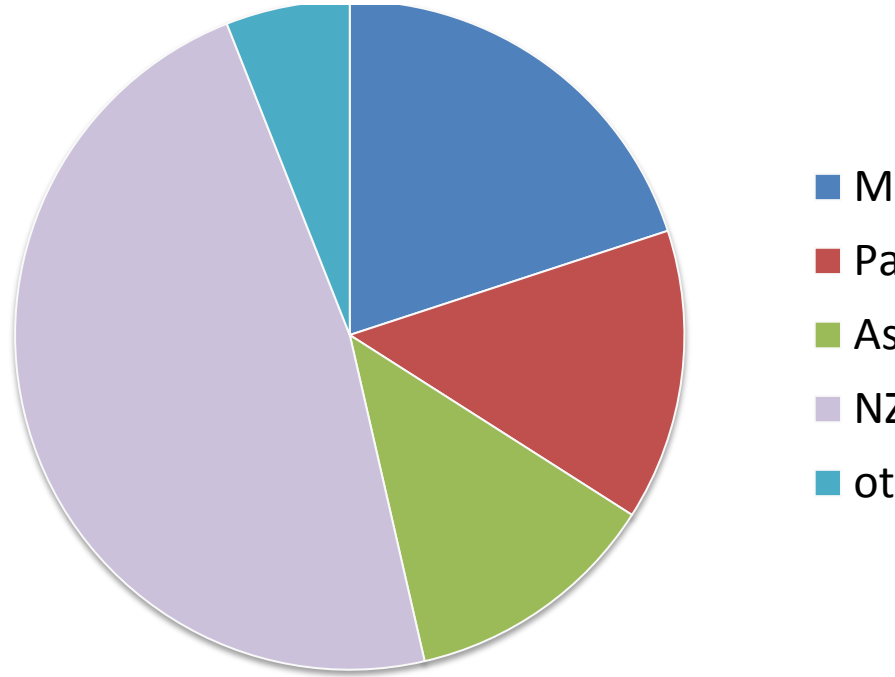


Youth2000 series sample characteristics

	2001		2007		2012	
Schools	114 (86% response)		96 (84% response)		91 (73% response)	
Decile	n	%	n	%	n	%
low	26	22.9	15	16.3	26	28.6
med	49	43.1	52	56.5	36	39.6
high	39	34.2	25	27.2	29	31.9
Students	9,567 (73% response)		9,107 (74% response)		8,500 (68% response)	
Gender	n	%	n	%	n	%
Male	4,414	46.1	4,911	54.0	3,874	45.6
Female	5,152	53.9	4,187	46.0	4,623	54.4
Ethnicity	n	%	n	%	n	%
Māori	2,325	24.7%	1,702	18.7%	1,701	20.0%
Pacific	768	8.2%	1,178	10.2%	1,201	14.1%
Asian	679	7.2%	1,310	12.4%	1,051	12.4%
NZ Euro	5,219	55.4%	6,871	52.8%	4,024	47.7%
Other	417	4.4%	817	5.8%	511	6.0%
>1 ethnic groups	29%		39%		42%	



Prioritised ethnicity 2012



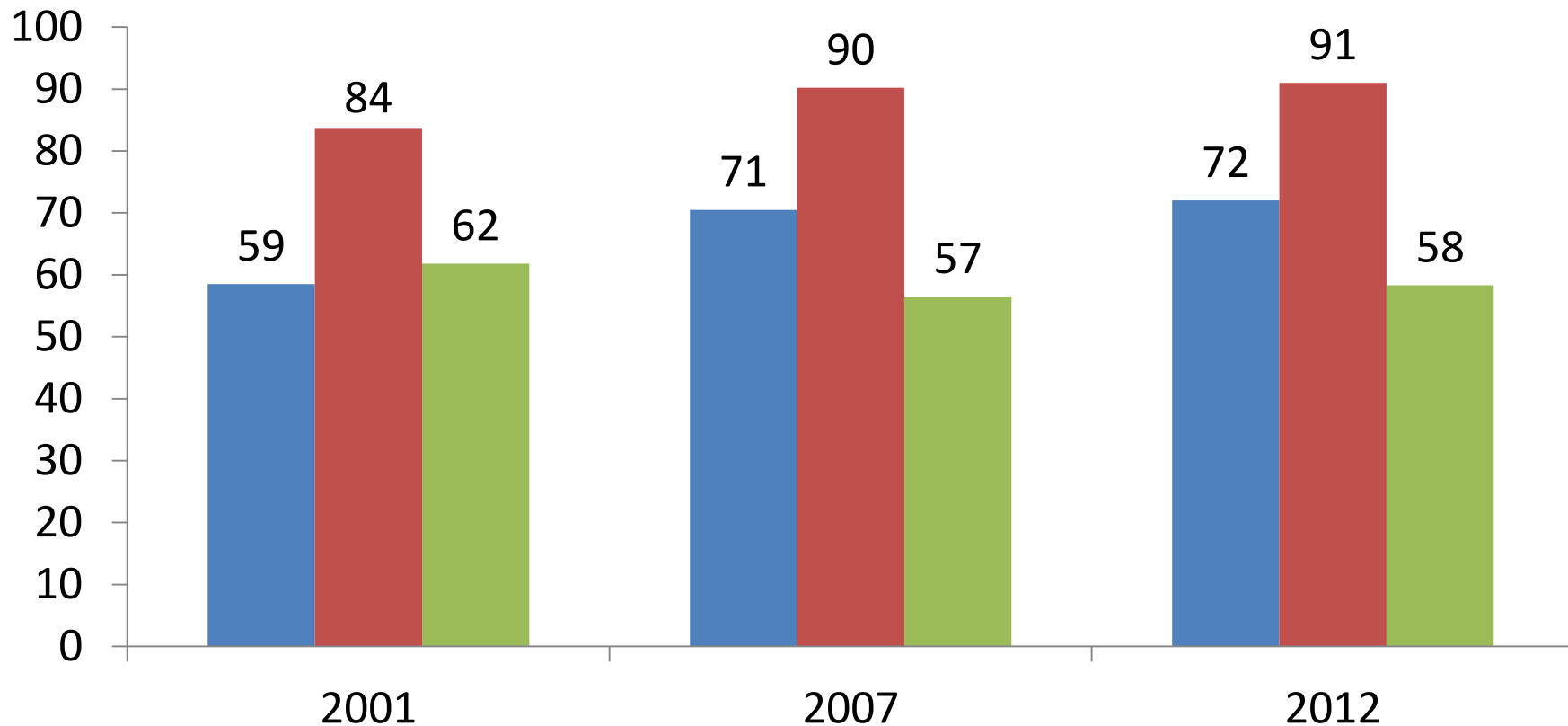
Ethnic diversity is increasing

Results

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Family Relationships

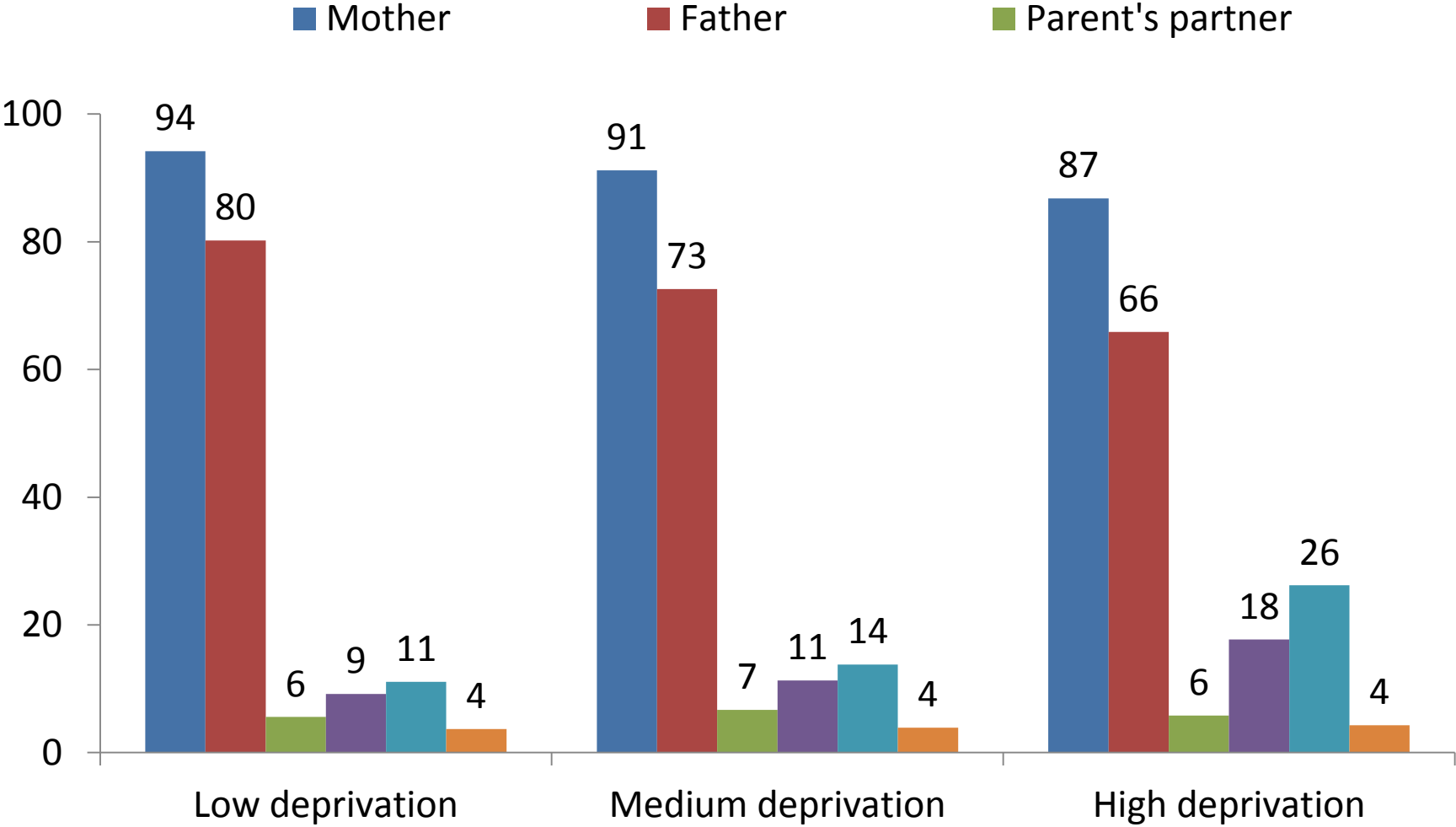


■ Happy how family get along

■ Parent wants to know where you are & who with

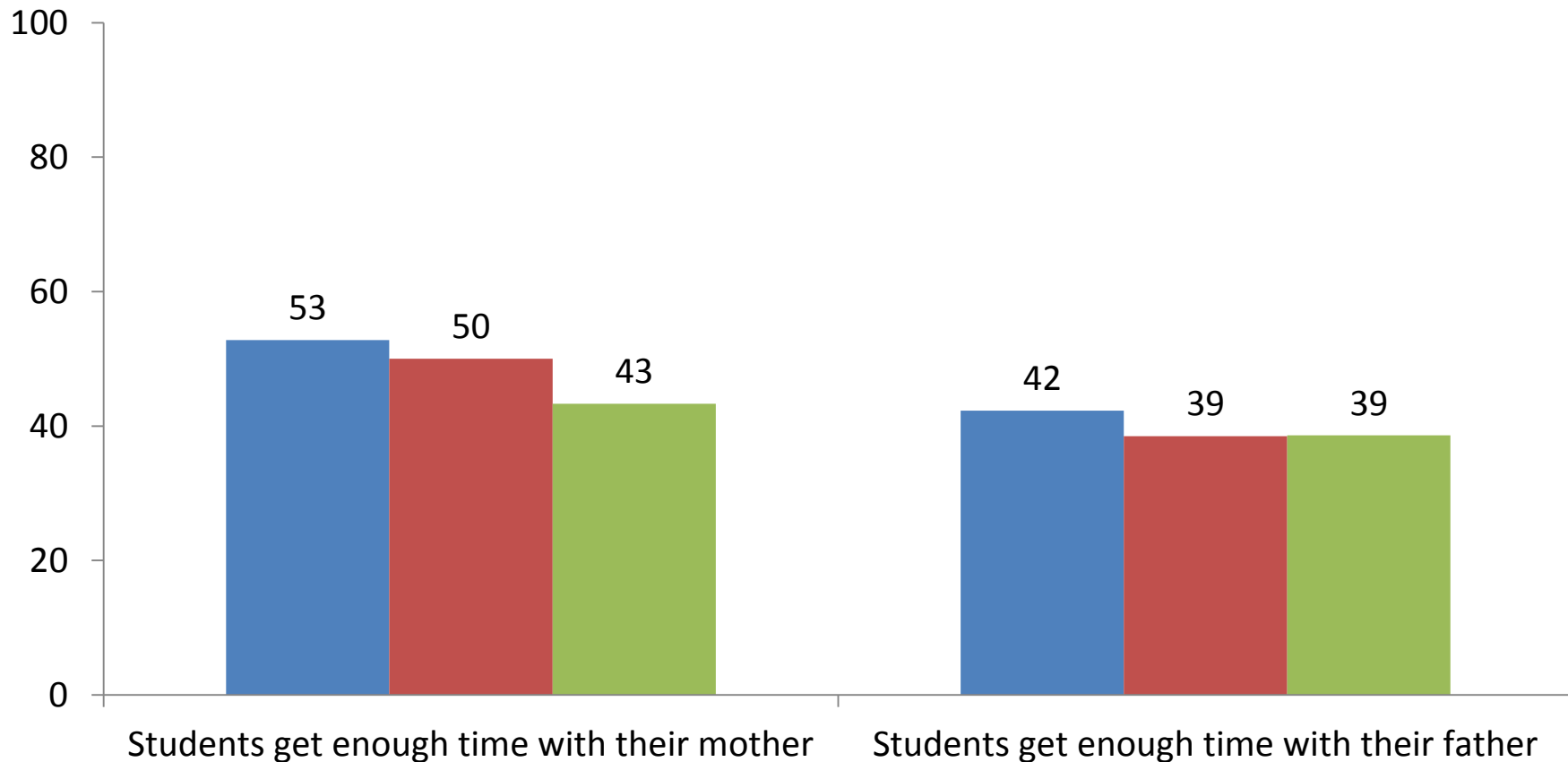
■ Spend enough time with at least one parent/person who acts as a parent

People who act as parents by deprivation

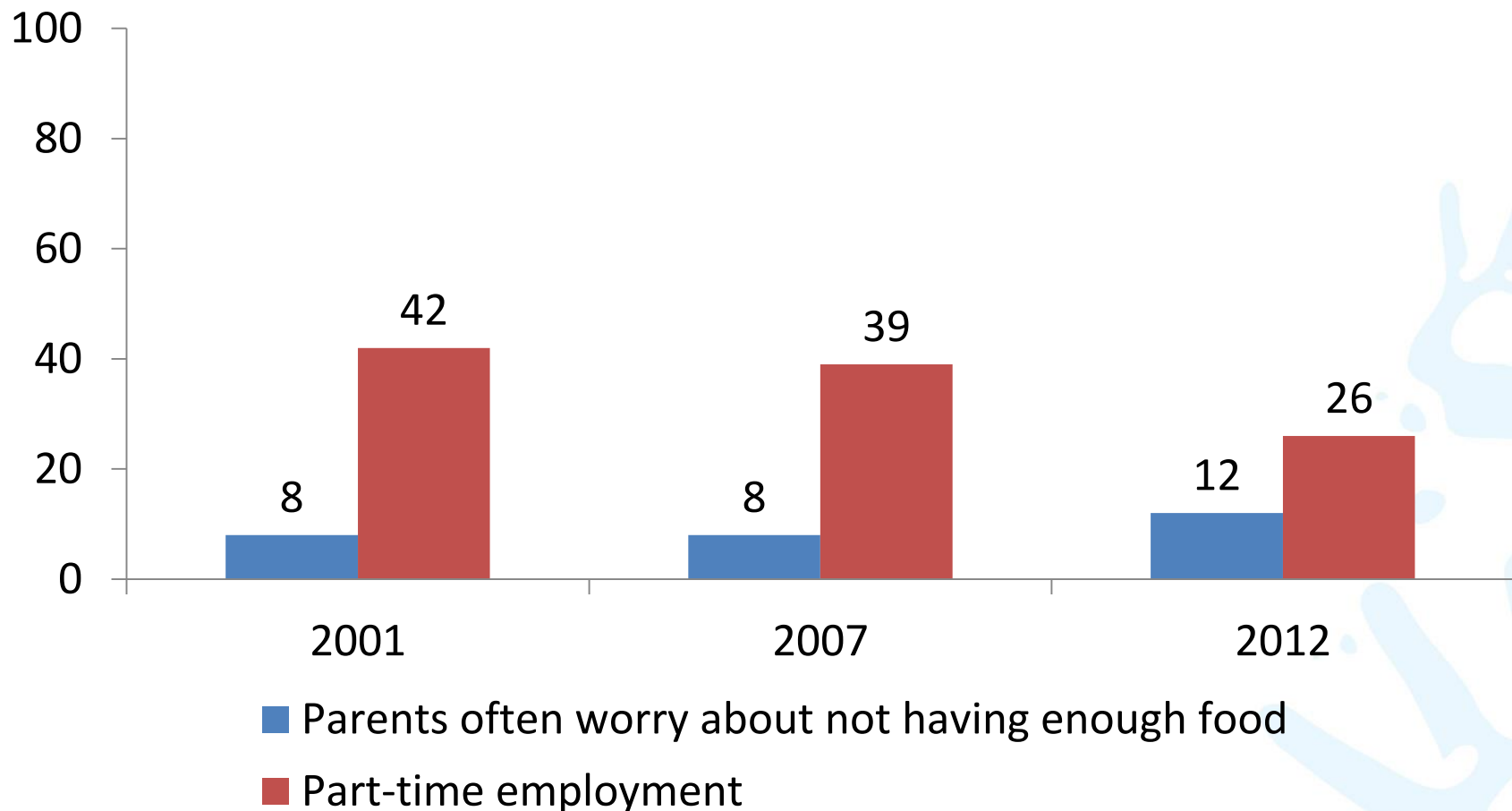


Students get enough time (most of the time) with their parent

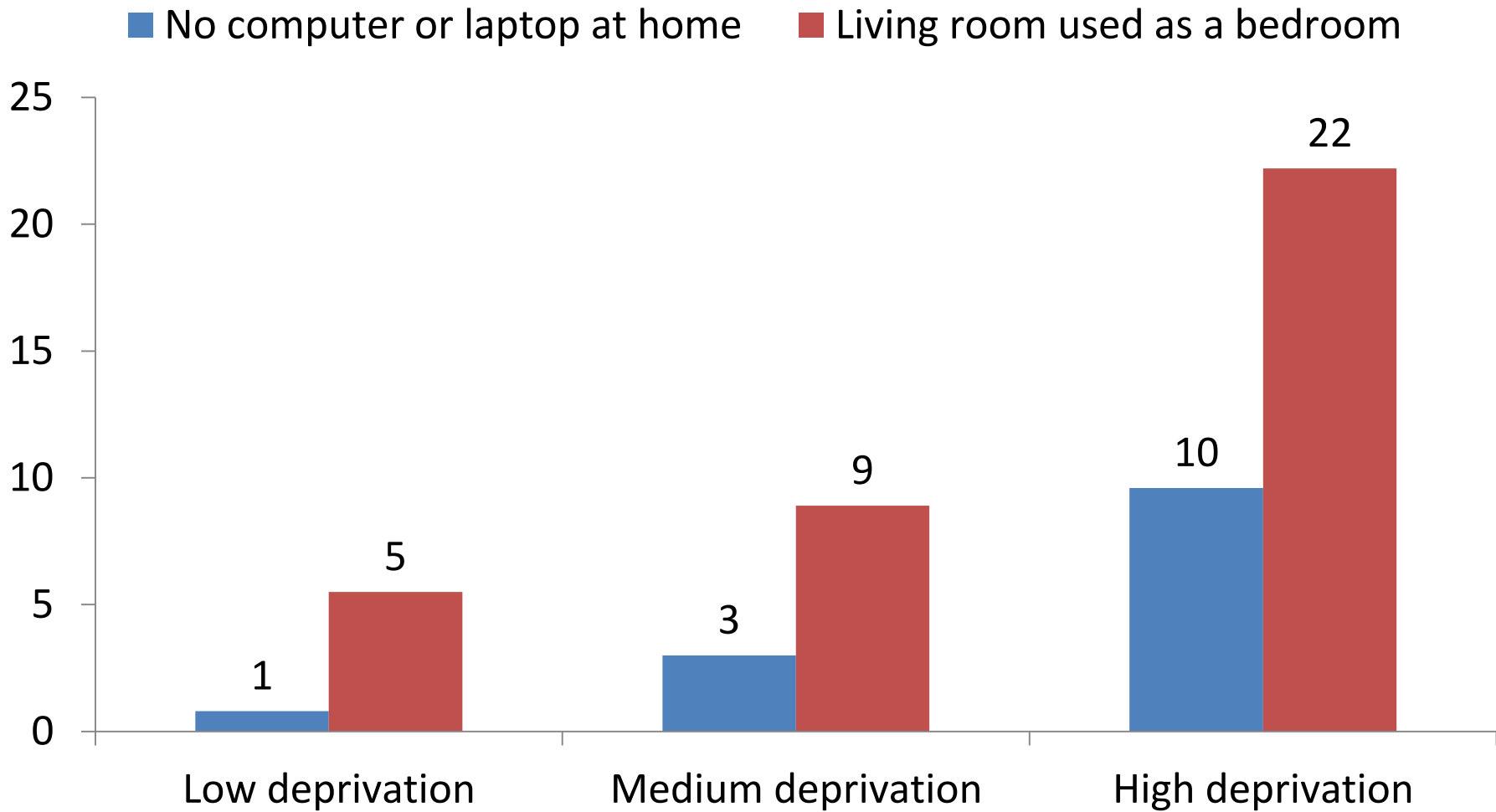
■ Low deprivation ■ Medium deprivation ■ High deprivation



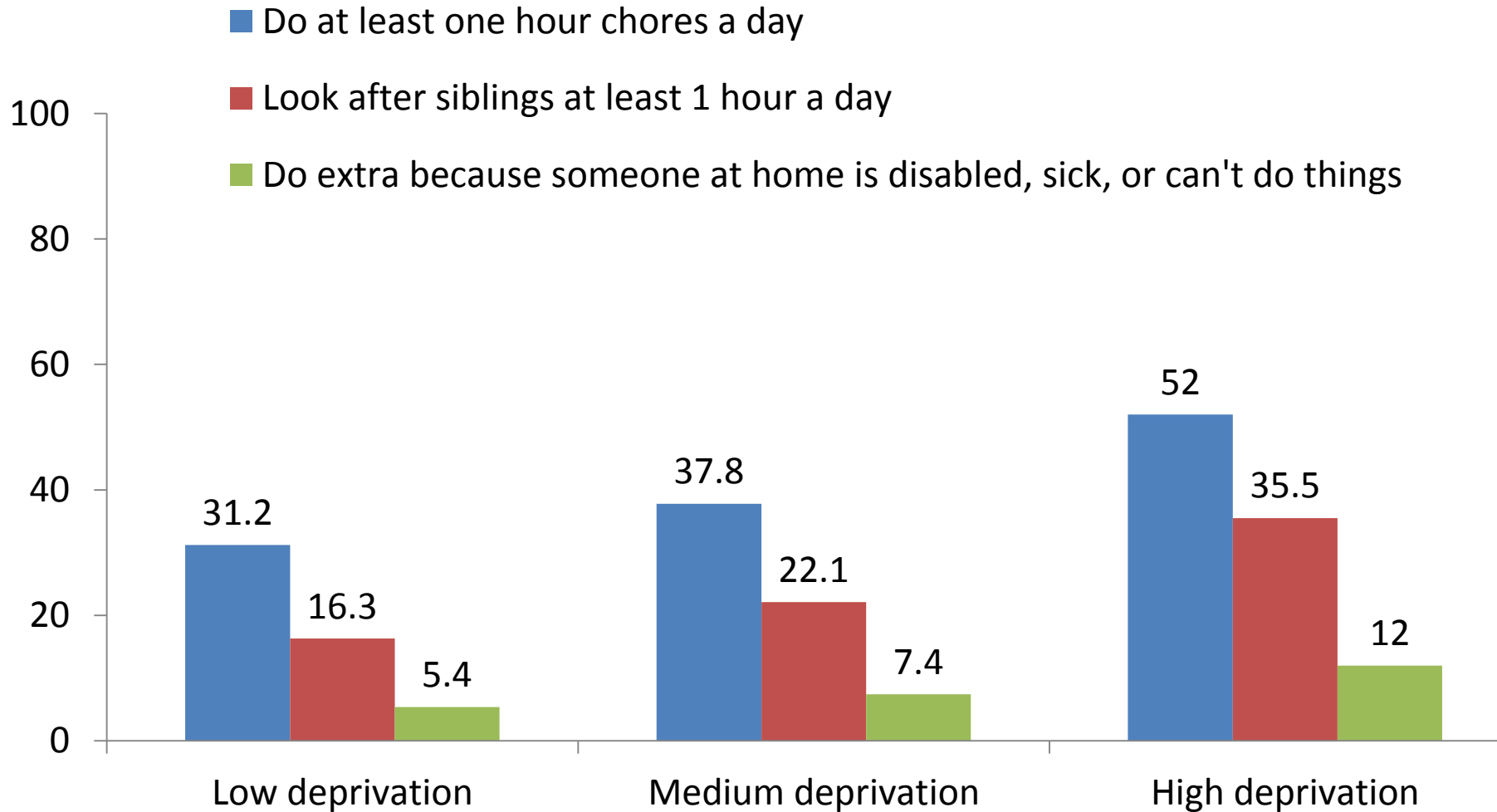
Socio-economic environments



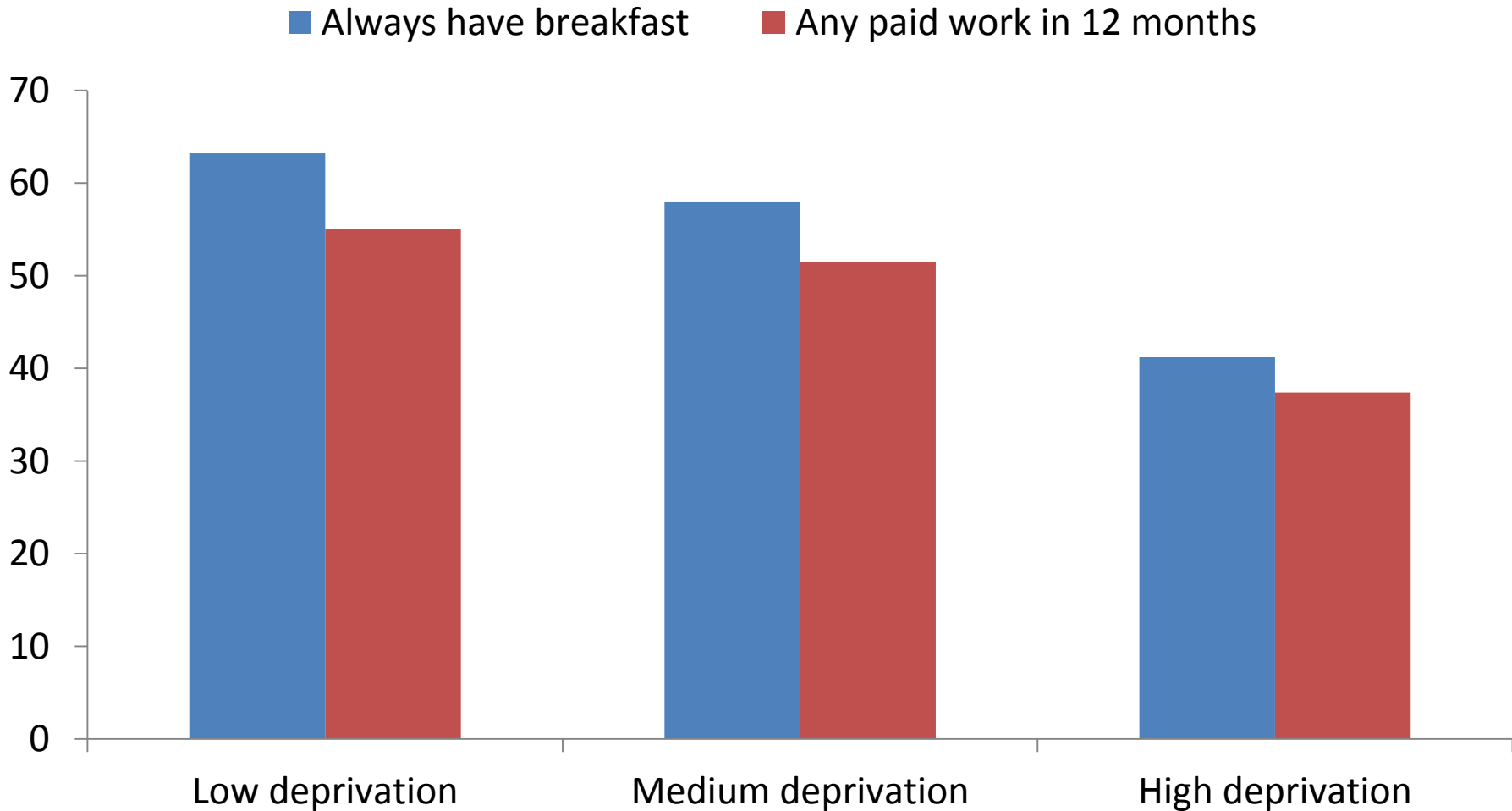
Family circumstances



Helping at home



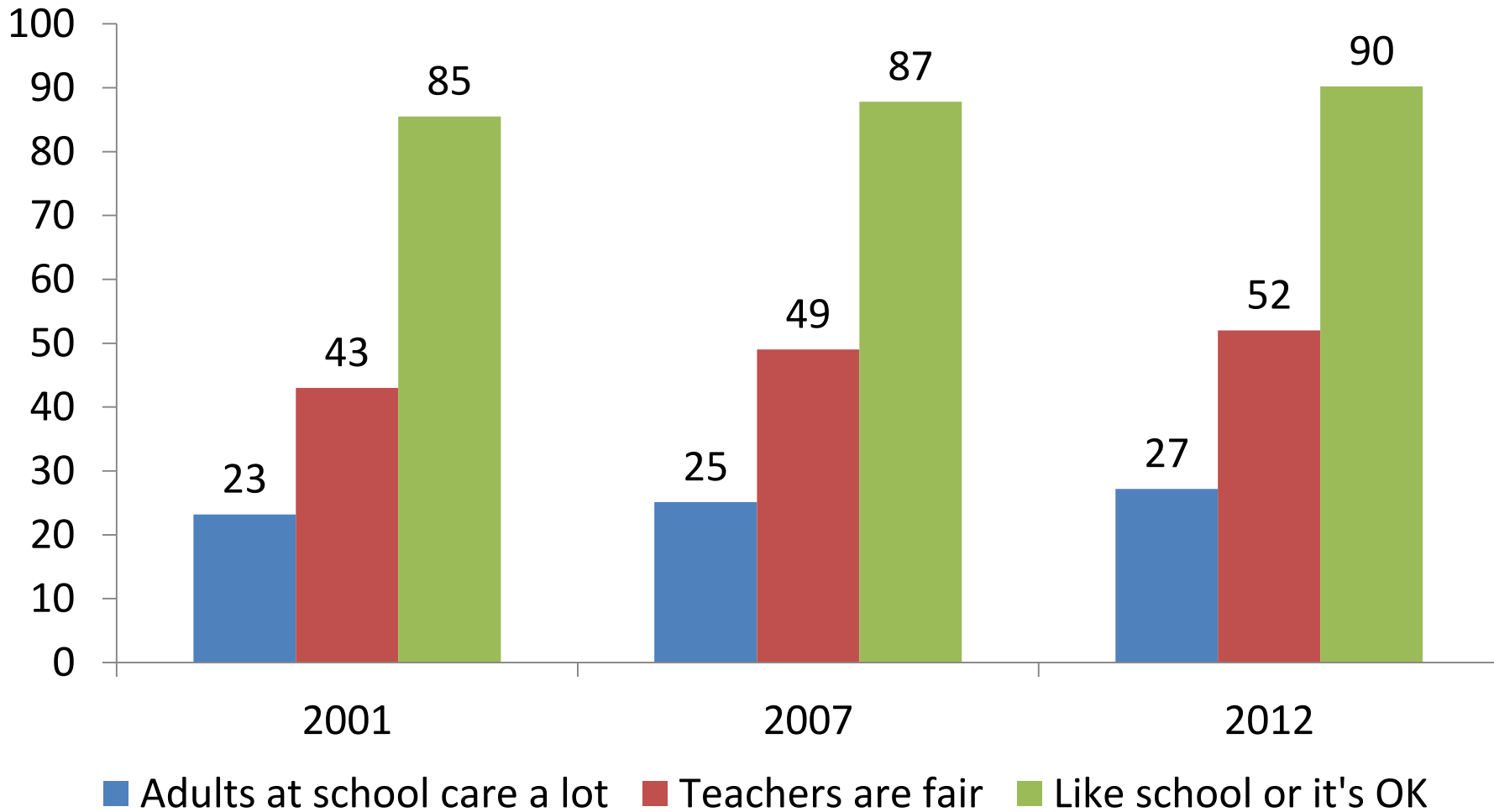
Family circumstances



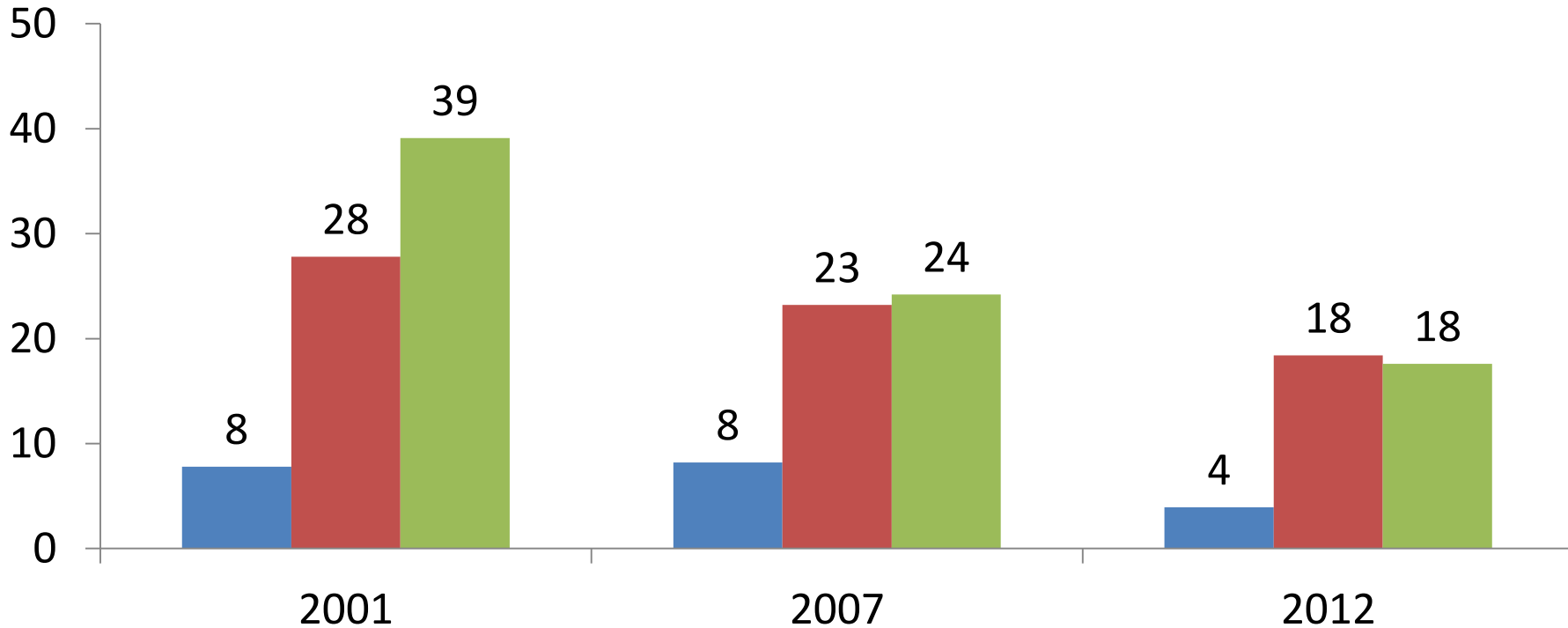
Have an adult outside their family who they would feel okay talking to about a serious problem



School Relationships

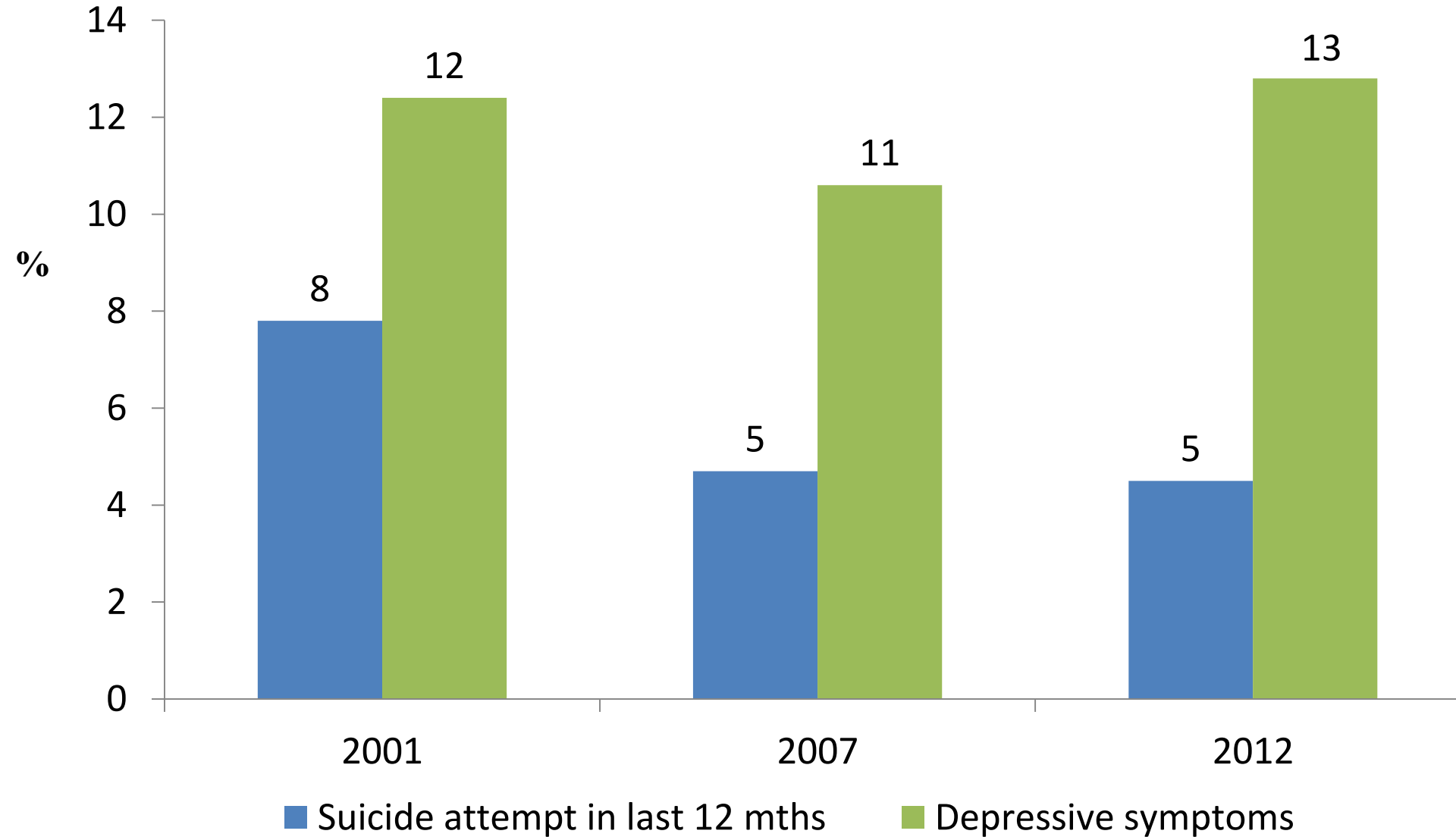


Risky driving behaviours

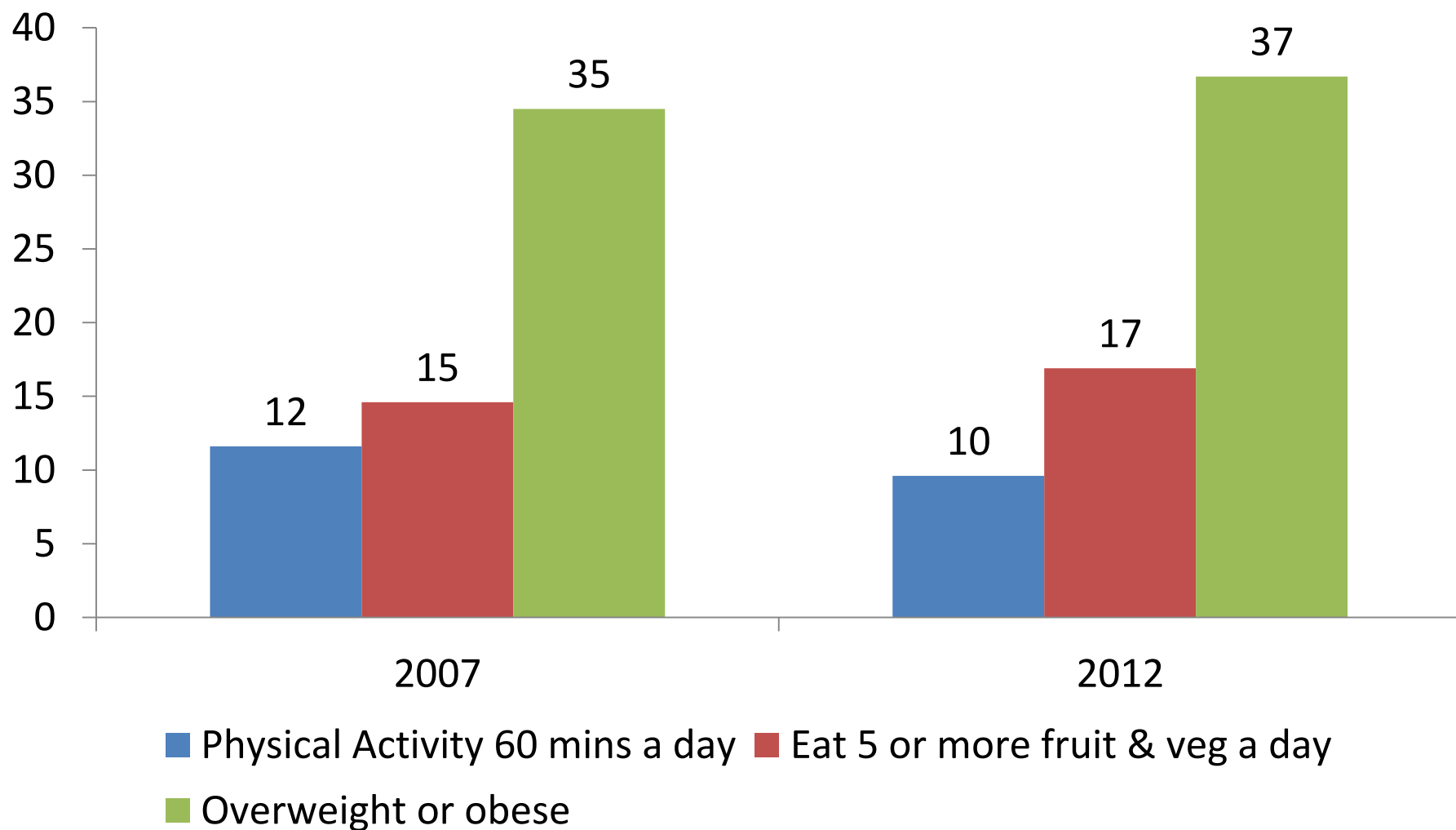


- Driven a car after drinking 2 or more glasses of alcohol
- Driven by someone who has been drinking alcohol
- Driven dangerously by someone

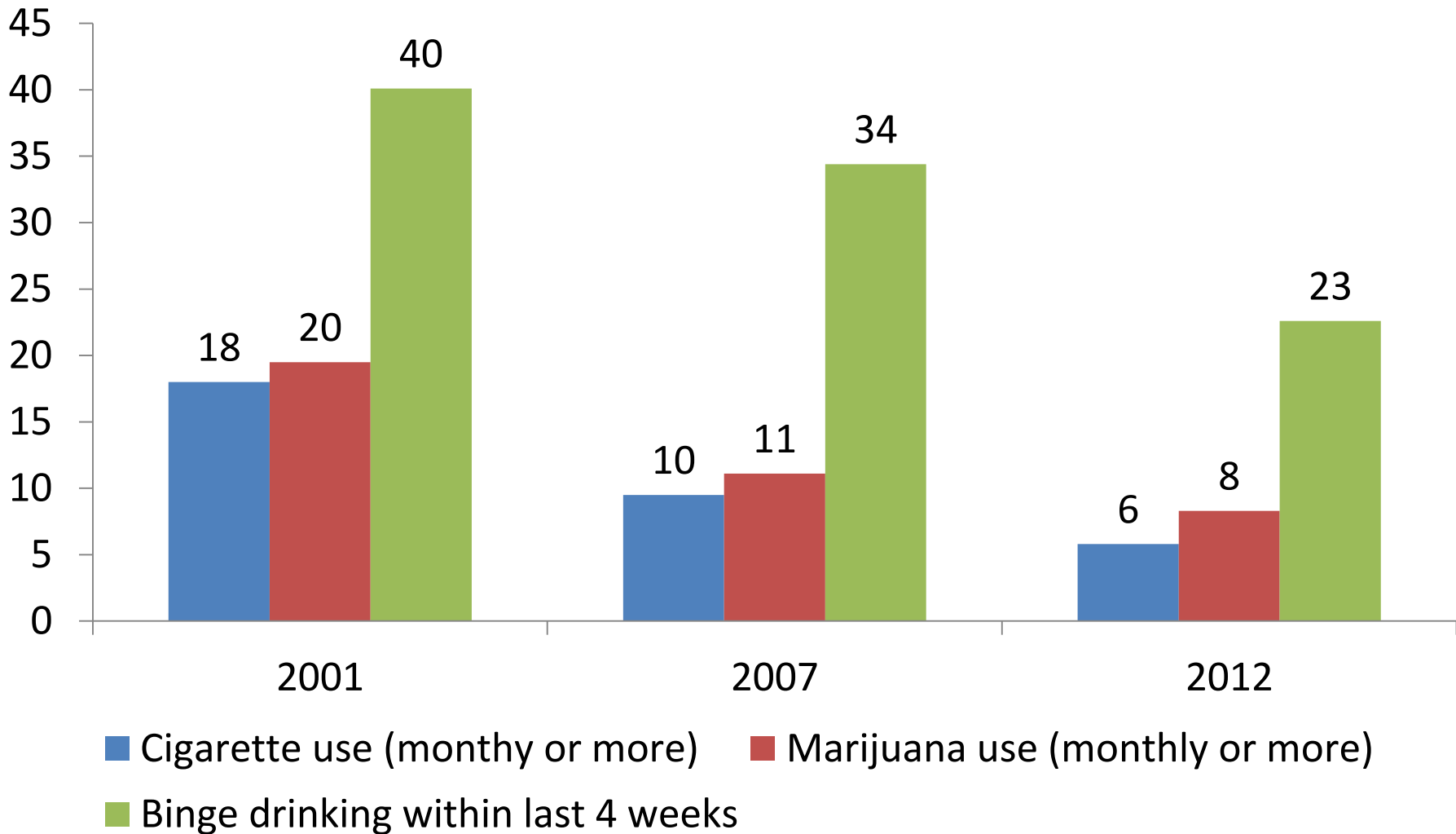
Suicide attempts & depressive symptoms



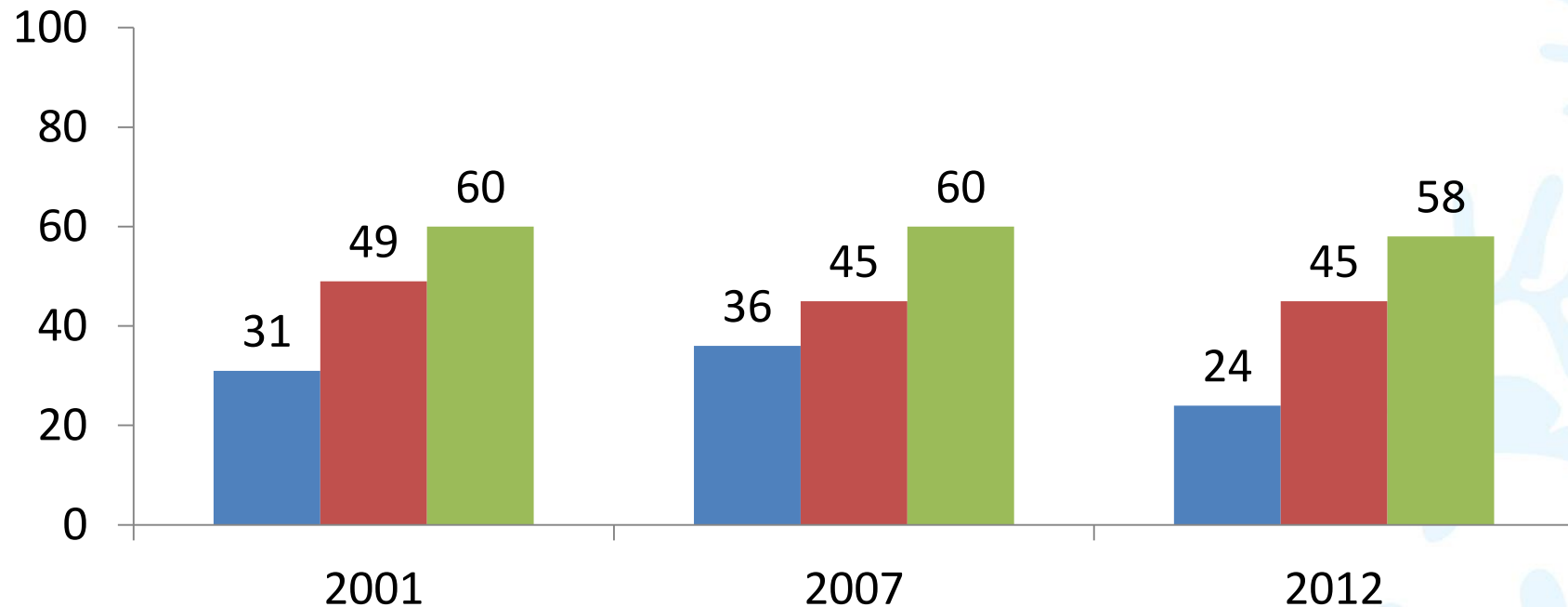
Activity, food and body size



Substance use

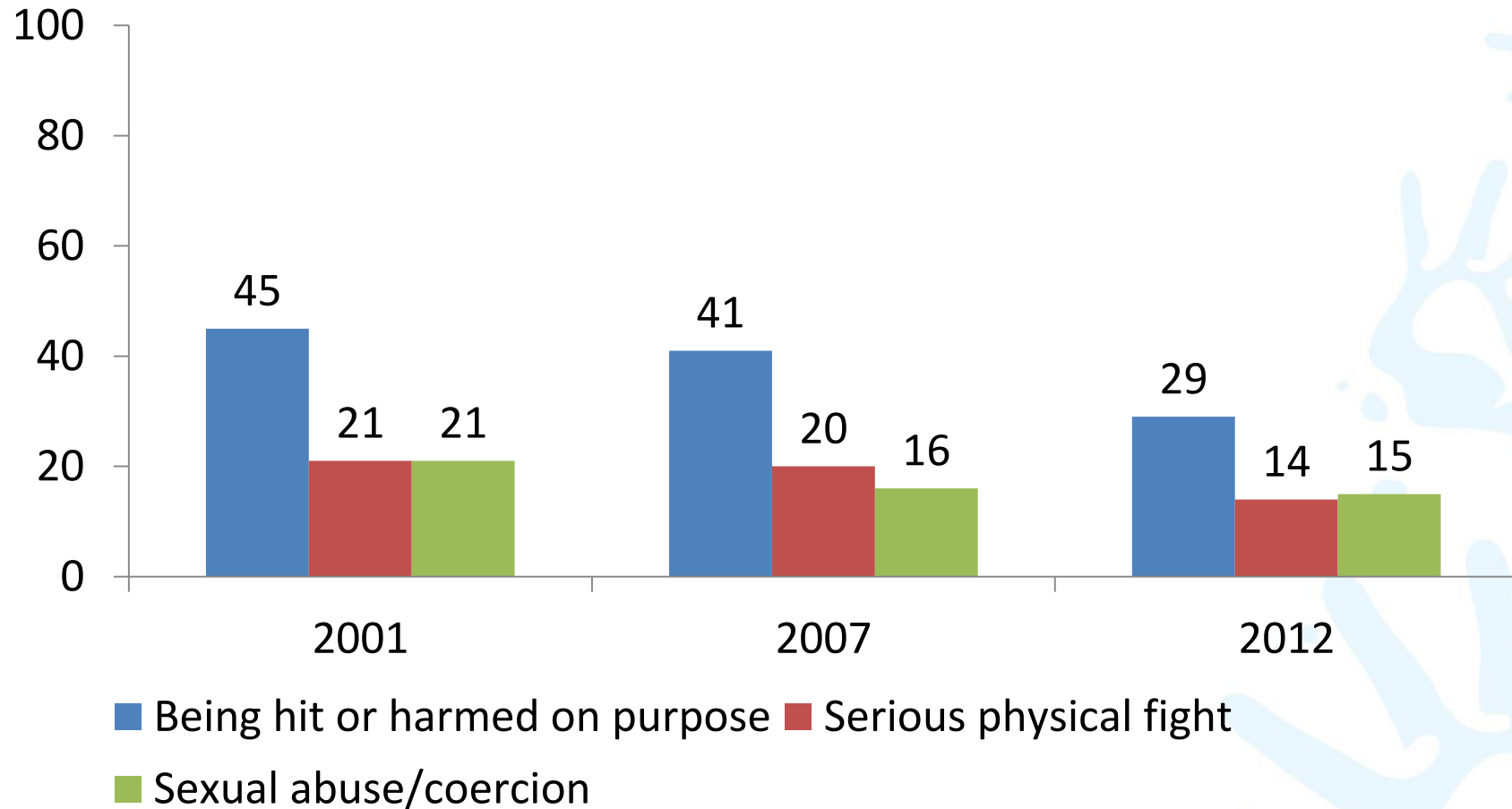


Sexual and reproductive health

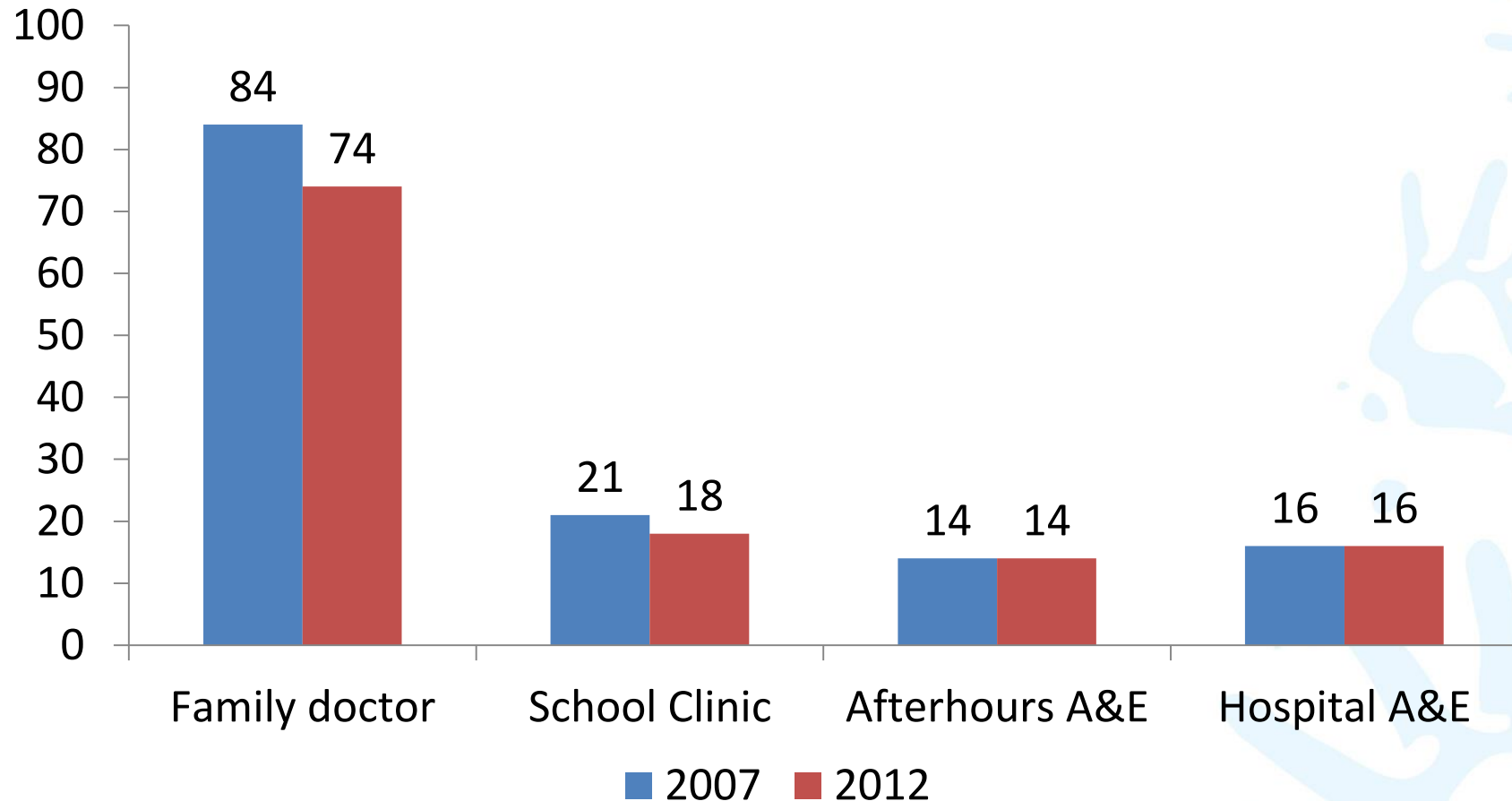


- Ever had sex
- Always uses condoms to prevent STI
- Always uses contraception to prevent pregnancy

Violence

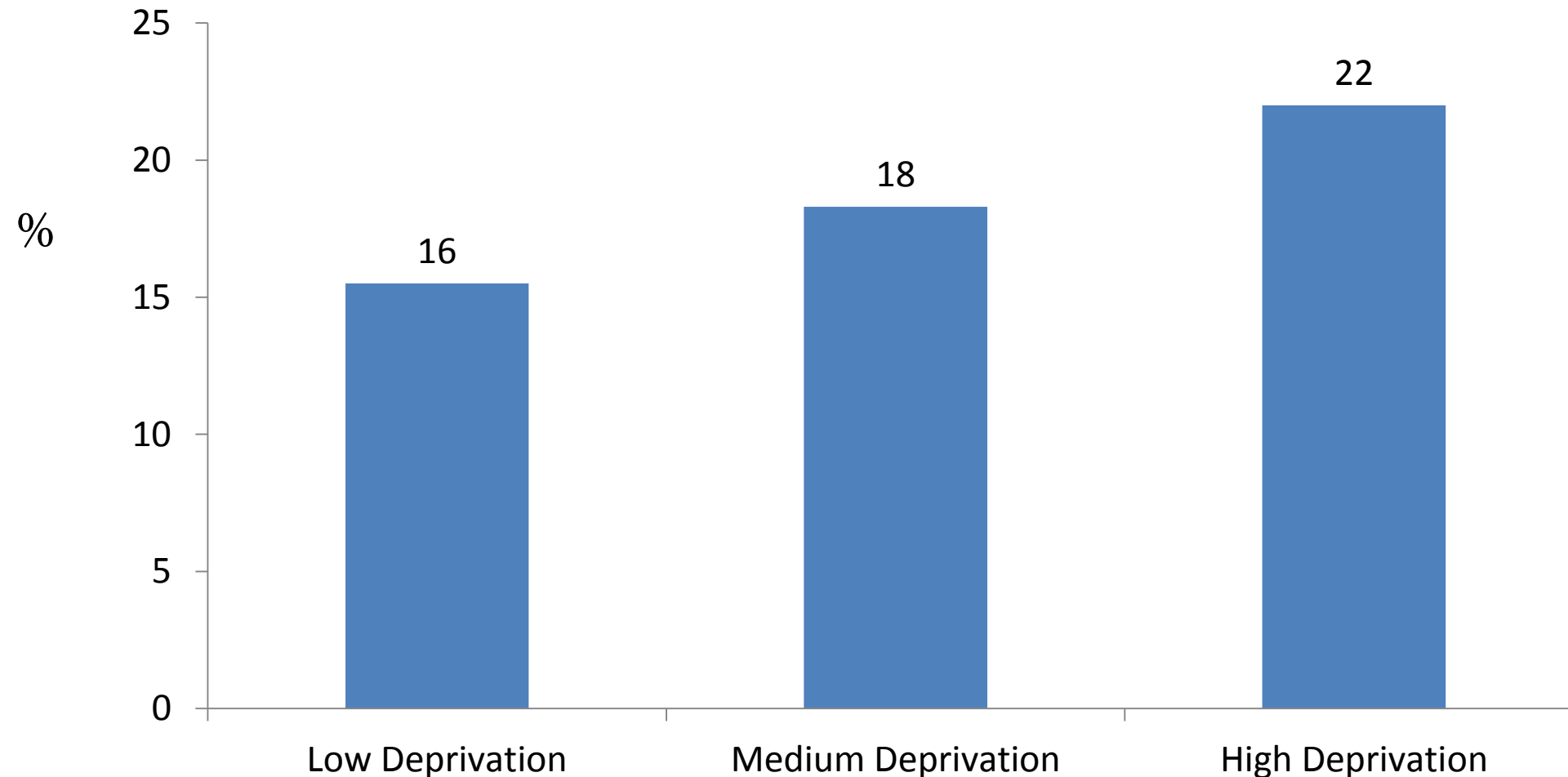


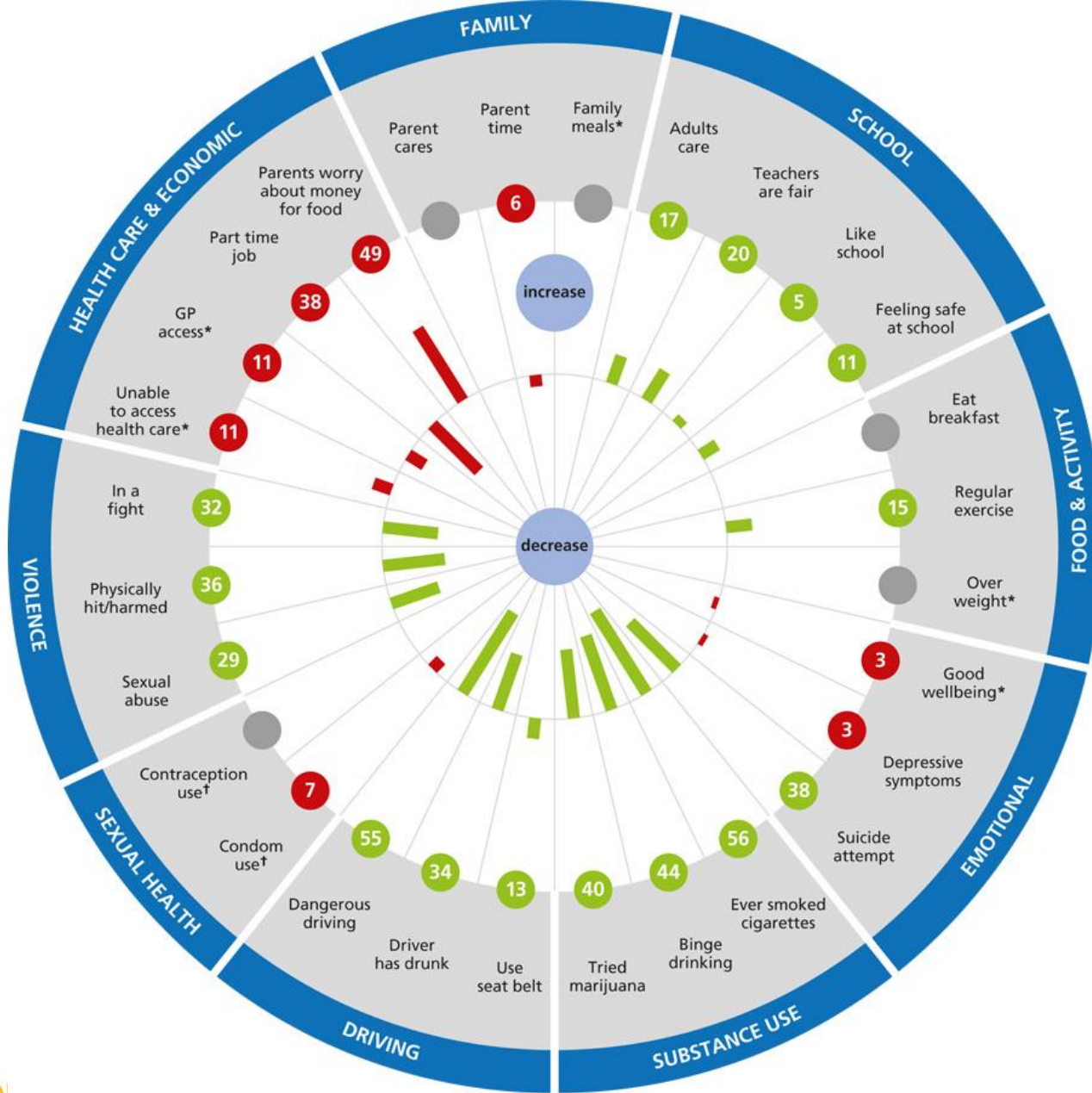
Access to services



Unable to access health care when needed (in last 12 months)

19% of all students had difficulty accessing the healthcare they needed





PERCENTAGE CHANGES FROM 2001 TO 2012

% Positive change
 % Negative change
 ● No or minimal change

NOTE: * 2007 to 2012 (not asked in 2001) † among sexually active students

What's coming next?

- Maori report release in October
- Youth gambling report
- Christchurch report on the effect of the earthquakes
- Other reports – we welcome collaborations and opportunities to do more
- Academic publications

Conclusions

- This current generation are leading the way in making healthy decisions
- Mentoring can play an important role for youth who need connections
- Must continue with current comprehensive and sustained strategies that are making a difference
- New priority areas: contraception/condom use, bullying, overweight, depressive symptoms
- Improve access to primary healthcare, affordable healthy food and employment opportunities

Thank You

The Youth'12 project was funded by the Ministries of Youth Development, Social Development, Health, Education and Justice, the Department of Labour, the Families Commission and the Health Promotion Agency (HPA)

Thanks to all the schools and students who participated

For more detailed information please see our website

www.youthresearch.auckland.ac.nz

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