

# UPSKILLING YOUNG KAIMAHI



Training and Development

## WORKSHOPS

For young people supporting young people

2-day FREE  
workshop  
exploring  
Mana Taiohi  
& Mentoring  
skills

### WORKSHOP STRUCTURE

Working with what suits  
you and your taiohi.

### WORKSHOP OBJECTIVES

Exploring youth development  
principles: Mana Taiohi

- Understanding of the youth development informed by Te Ao Māori
- Recognise how to both honour and uplift the mana of young people
- Introduction to youth participation through whai wāhitanga.

### Upskilling young mentors

- Understanding the role of a mentor
- Being an effective mentor
- Developing listening and communication skills
- Discovering top tips to start a mentoring journey
- Encouraging youth leadership.

These workshops can be facilitated  
in a number of different ways.



Contact Joy at NZYMN to discuss  
what will work for your young people –  
[joy@youthmentoring.org.nz](mailto:joy@youthmentoring.org.nz)

SUPPORTED BY:

